



**TOGETHER**

Project Number: 2019-1-PT01-KA203-060772

## Critical Reflection

Group size: 12 (minimum)
Duration: 20-30 minutes
<b>Objectives:</b> <ul style="list-style-type: none"><li>• To recall the activities and the way participants worked on them.</li><li>• To highlight the strong points and weaknesses revealed by the implementation of the activities.</li><li>• To offer feedback and alternatives to the resulted outcomes.</li><li>• To suggest ideas for upcoming activities.</li><li>• To develop their critical thinking skills.</li><li>• To share the experience in order to decrease the frustration.</li><li>• To express verbally some of the emotions and feelings that participants had and to identify feelings</li></ul>
<b>Description:</b> <p>After implementing each one of the above-mentioned practical activities, the facilitator can coordinate participants (locals and third country nationals / refugees) to discuss the experience that they have just undergone by participating in the activity (ies).</p> <p>The debriefing process could be structured in the following parts: stepping out of the activity, reflection and analysis, understanding, sharing, concluding and linking to reality.</p> <p>Participants may answer questions such as: what was useful and noteworthy during their participation in the previous activity; what could have been done in a different way; what experiences they have gained through their participation in the activity. The questions are developed according to the previously implemented activity in order to serve the goals of the group facilitator.</p> <p>Participants are asked to share their views, thoughts, feelings etc.</p> <p>Critical reflection is concluded with a brief round discussion.</p> <p>The activity can be carried out either online or in-person.</p>



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## **Debriefing - Evaluation:**

Participants are encouraged to reflect and comment how they felt when they took part in the organised activity.

The interaction among the participants fosters mutual understanding. It can improve understanding of a situation and encourage empathy towards the people who are portrayed.

It encourages participants to reflect upon the activity and share opinions and to conceptualise what happened.

Critical reflection helps participants to become aware of the aims of the activity and to evaluate the process.



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